



# The Affordable Care Act: Summary of Preventive Care Coverage at 100%

The Affordable Care Act requires non-grandfathered plans to provide coverage for “preventive care.” This coverage must be provided without cost sharing (e.g., coinsurance, deductible or copayment). Interim final regulations that were issued on July 14, 2010, further define certain categories of items/services that must be covered as preventive care.

## Categories of Covered Preventive Services

- Evidence-based items/services rated A or B in the current recommendations of the U.S. Preventive Services Task Force.
- Routine immunizations for children, adolescents and adults recommended by the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention.
- Evidence-informed preventive care and screenings for infants, children and adolescents in the comprehensive guidelines of the Health Resources and Services Administration.
- Evidence-based preventive care and screenings for women described in the comprehensive guidelines of the Health Resources and Services Administration.

BCBSTX has compiled a detailed list of procedures and codes that are included in these categories, and this list will be used for claims administration.

## Detailed List of Covered Preventive Care Items/Services

### Children and Adolescents

#### Newborns

- Screening for hearing loss, hypothyroidism, sickle cell disease and phenylketonuria (PKU)
- Gonorrhea preventive medication for eyes

### Immunizations

- Diphtheria, Tetanus, Pertussis
- Haemophilus influenzae type B
- Hepatitis A and B
- Human Papillomavirus (HPV)
- Influenza (Flu)
- Measles, Mumps, Rubella
- Meningococcal
- Pneumococcal (pneumonia)
- Inactivated Poliovirus
- Rotavirus
- Varicella (chickenpox)

### Childhood health screenings

- Medical history for all children throughout development
- Height, weight and Body Mass Index (BMI) measurements
- Developmental screening
- Autism screening
- Behavioral assessment
- Vision screening
- Oral health risk assessment
- Hematocrit or hemoglobin screening
- Obesity screening and weight management counseling
- Iron supplements
- Fluoride supplements
- Lead screening
- Dyslipidemia screening
- Tuberculin testing

### Adolescent health screenings

- Depression screening
- Alcohol and drug use assessment
- Counseling to prevent sexually transmitted infections (STIs)
- Cervical dysplasia screening
- HIV screening

## Adults

### General health screenings

- Blood pressure screening
- Cholesterol screening
- Type 2 diabetes screening
- HIV and sexually transmitted infections (STIs) screenings

### Cancer screenings

- Breast cancer mammography
- Breast cancer chemoprevention counseling
- Cervical cancer pap test for women
- Colorectal cancer screenings including fecal occult blood testing, sigmoidoscopy or colonoscopy
- Prostate cancer (PSA) screening for men

### Health Counseling

Doctors are encouraged to counsel patients about these health issues and refer them to appropriate resources as needed:

- Healthy diet
- Weight loss
- Tobacco use
- Alcohol misuse
- Depression
- Prevention of sexually transmitted infections (STIs)
- Use of aspirin to prevent cardiovascular disease

### Immunizations

- Hepatitis A and B
- Herpes Zoster
- Human Papillomavirus (HPV)
- Influenza (Flu)
- Measles, Mumps, Rubella
- Meningococcal
- Pneumococcal (pneumonia)
- Tetanus, Diphtheria, Pertussis
- Varicella (chickenpox)

### Men

- Abdominal aortic aneurysm one-time screening

### Women

- Osteoporosis screening
- Chlamydia infection screening
- Gonorrhea and syphilis screening
- BRCA counseling about genetic testing

### Pregnant Women

- Folic acid supplements
- Anemia screening for iron deficiency
- Tobacco cessation counseling
- Syphilis screening
- Hepatitis B screening
- Rh incompatibility blood type testing
- Bacteriuria urinary tract infection screening
- Breastfeeding education

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